DermaBond Wound Care Instructions

Your surgical site has been closed with DermaBond, a “super glue” specially designed to replace the outer layer of stitches. DermaBond completely seals your incision site. Wound care and suture removal are not necessary making it very convenient. There won’t be ANYTHING to do to your surgical site closed with DermaBond. Our instructions will mainly counsel you on what NOT to do.

Instructions:
1. You may shower or bathe after 24 hours. Do not swim in chlorinated water. Chlorine dissolves the DermaBond.
2. You may cover your site with a band aid or non-stick dressing and tape, but do not apply anything to the site such as topical antibiotics, lotions, creams, or make up.
3. If the DermaBond begins to peel do not peel it off or pick at it. Please allow it to fall off naturally. This can take up to 2 weeks.
4. Avoid strenuous activities for at least 2 weeks after your surgery.

What To Expect:
1. After your surgery you can expect some discomfort from the surgical site. This is highly variable among patients and is also dependent upon the location of your surgery. Some areas are more sensitive than others. You may receive a prescription pain medication to help alleviate post surgical discomfort. Always start with extra strength Tylenol first if you can take Tylenol. If your pain is not adequately relieved or if you are having severe pain then you should call our office immediately or Dr. Viehman after hours.

2. After surgery you should expect some mild swelling and redness around the surgical site. Some areas of the body tend to swell more than others (around the eyes). In many cases the swelling is a side effect of the numbing medication used during surgery. This is particularly common on the forehead. If you feel your swelling or redness is abnormal please call our office.

3. The surgical wound closed with DermaBond will NOT look cosmetically pleasing for at least 2-3 weeks in most cases. The way the glue closes the wound causes redness and puckering of the surgical site. This is normal.

Please call our office if:
- If your wound edges begin to pull apart or open
- You experience excessive bleeding, drainage, pain, swelling, redness, or fever,

Normal Business Hours:
Monday, Tuesday, Thursday 7:30am-5:00pm and 7:30- 1:00pm on Wednesday and Friday